When your space makes programming a challenge, it’s time to make a change. Justin Reuter, Executive Director of the Boys & Girls Club of Albany knew it was time to get to work when their building on Delaware Avenue was getting in the way of the great programs available at the Club.

That’s when Reuter, who started working with the Boys and Girls Club in 2008 as a teacher and is now responsible for managing, strategic planning and operations; with the help of their Siena VISTA reached out to the Lowe’s Heroes program. The Lowe’s Heroes program provides employee volunteers who pitch in through donations of materials, construction expertise, and labor. The manager of the Glenmont store brought together the collaboration of nine different stores to help in the Club’s renovations. The Lowes employees not only volunteered their own time but also recruited members from local organizations to meet the Club’s plumbing, electrical, and flooring needs.

Needless to say, undertaking any renovation project can be challenging. One of the major challenges the Club faced was the vast amount of work that needed to be completed within a short time frame. The Club decided to utilize the summer while children were off-site at Lawson’s Lake, so the space could be ready for use once they opened back up in the fall. After three months of hard work, Club volunteers and staff were excited and ready to reopen their doors to the children and the community.

The effort, put forth by everyone involved in the project, is evident in the sense of pride and appreciation that the program staff, children and families exhibited after the renovation was complete. “The renovations gave our program new life,” said Reuter. “We were able to maximize all of our program space to meet the needs of our children. Program enrollment has flourished since the improvements with a 20% increase.”

Continued on page 2
Dear Friends,

Social and emotional well-being sets the foundation for the development and learning of infants, toddlers, and young children. In light of this important fact, a team of public and private agencies have partnered to provide more early childhood professional development opportunities in support of children’s social and emotional wellness. This partnership, the New York State Pyramid Model Partnership, will promote the statewide use of the Pyramid Model (NYSPMP), an evidence-based framework proven to be an effective approach to building social and emotional competence in early care and education programs (nysecac.org/news-and-events/pyramid-model).

NYSPMP works collaboratively to:

- Increase the number of early childhood trainers and coaches providing professional development to the early childhood workforce to meet the social and emotional development needs of young children;
- Support partnerships between practitioners and parents;
- Support the implementation and sustainability of the Pyramid Model in early childhood settings; and
- Evaluate the effectiveness of implementing the Pyramid Model in New York State.

The Pyramid Model builds upon a tiered approach to providing universal supports to all children to promote wellness, targeted services to those who need more support, and intensive services to those who need them. Often pictured as a pyramid the model includes:

- Intensive Individualized Interventions
- Social Emotional Teaching Strategies
- Creating Supportive Environments
- Positive Relationships with Children, Families, and Colleagues

This is an exciting opportunity for child care providers as this initiative will provide skilled trainers responsible for the implementation of the Pyramid Mode. This winter the Partnership recruited a group of Master Cadre Trainers who will provide training for other trainers and coaches; creating a statewide network for concept implementation. This statewide framework will provide support for children, families, and educators in our community. Be on the look-out for upcoming Council E-news announcements, Facebook posts, and website updates with regard to professional development opportunities.

Wishing you a happy and kind day,

Abbe
NYS School-Age Care Credential
Beginning in April

New for 2016, the NYS School-age Care Credential (SACC) will begin in April. There will not be a class beginning in September. This change in scheduling is a great benefit to the Site Directors and school-age programs. If you or a staff member needs the course to meet the educational requirements; you’ll be ready long before the start of the 2017 school-year. But that’s not the only reason to consider enrolling in the SAC credential. Recently, we visited the SACC class and sat down with a few students to learn more about what the course is like.

Upon entering the classroom, there was a sense of comradery and community. Students arrive; greet each other and their instructors in an easy, friendly fashion. The atmosphere is one of sharing and support. Laughter fills the room as students chat while they organize their papers and books. The instructors greet each student as they arrive, checking in on current assignments and homework.

Shatima Smith has been working with 9-12 year old children at the Boys & Girls Club of Albany for the past three years. She was worried that SACC would be difficult but her boss encouraged her to enroll anyway. Once she began her studies, she realized that it was not as hard as she had thought, and there was lots of support available to help her along the way. She described her experience in SACC as interesting and feels she has gained valuable knowledge. Her enrollment will make it possible for her to move from staff member to full-time site director and she loves it.

For Mackenzie Wyman, SACC has brought enrichment, ideas, and community service to her program at Greenbush Child Caring. She also enrolled to fulfill the education requirements in order to become a site director, but feels that the course has already improved her space. She recently rearranged her layout moving the homework area to a more suitable location. That freed up space for the block building area. The new layout made a positive difference in the management of the program. She described SACC as being a great overall help in her job, making her a better supervisor, and creating a better atmosphere for children.

As someone with limited experience, being enrolled in SACC right from the start of his job has been a great help to Connor Gray of Colonie Youth Center. Pursuing both SACC and a college degree while working with children age K-6 can be a challenge; but he has found great support from his SACC advisor. Connor has been working to bring community role models into his classroom to read to the children, an idea he learned in the course. He also described the emphasis the instructors place on building independence, an important skill to teach children.

While all three of the students enrolled in the credential in order to fulfill their job requirements, they were unanimous in their belief that the course is a great learning experience; one that they would highly recommend to other school-age professionals. High quality afterschool programs are an absolute necessity. This course offers personal and professional growth, networking and is a terrific building block for future educational pursuits. To learn more, call the Council at 426-7181. (Meet the school-age education team on page 7. They present and advise the SAC Credential course.)

Call 518-426-7181 for an application.
Early Readers Program Supports Family Literacy
An Interview with Neil Estrada, Grant Coordinator, SCSD

The Schenectady City School District was awarded the Innovative Approach to Literacy Grant by the U.S. Department of Education. The aim of the project is to close learning gaps and accelerate children’s literacy development in the high needs communities of the district.

What is the goal of the grant Innovative Approaches to Literacy?
The Innovative Approaches to Literacy grant is designed to provide intervention services to families and caregivers of children ages birth to 9 in Schenectady, focusing on early reading intervention. One major component of the grant is to provide workshops at schools and local venues where many Schenectady families spend time (library, church, daycare center, etc). The workshops, designed by SCSD teachers, include environmental print; literacy through play; literacy through read aloud; and Kindle distribution, use and policy information. The Kindles will be preloaded with teacher selected apps that will foster literacy growth in the home.

What prompted interest in the grant?
The district gained interest in the grant when we noticed the most precious stakeholders (birth to age 9) were in need of additional interventions to get them and their families prepared for the world of education.

What needs or trends are you seeing in the Schenectady City School District community?
We are learning, through the workshops and evaluations, that families are unaware of the way literacy takes place in everyday life. The SCSD teachers in the program work to bring literacy to life with the use of everyday objects that are in all of our houses and show families how to use them. Everyday objects can provide terrific literacy opportunities, for example cereal boxes can be turned into puzzles, puppets can be made with paper bags, and spelling high frequency words found on snack boxes can be great practice for young children.

What are you hoping to achieve through the grant?
There are several goals of the grant.
1. Increase students’ awareness of print and literacy
2. Provide strategies and interventions to the families and children of Schenectady
3. Increased student achievement on NYS Common Core exams
4. A love of learning and reading on the part of the children and families
5. Improved positive working relationship between the schools and the community.

How do you envision the work continuing after the grant ends?
We hope to see the grant done with fidelity even once it is complete. We expect to see this through the knowledge and skill set acquired by the participating families, students and caregivers. Kindles will continue be available to students enrolled in Pre K-grade 3 to work with in the classrooms. There are also several components of the grant that take place in classrooms, including curricular work, professional development for teachers and data collection.

Follow the progress of the early readers program online
SCSEarlyreaders    @EarlyReaderSCSD

Scholarship Opportunity

Now accepting applications for the Dianne Meckler Scholarship!
The scholarship will be awarded to a professional who has exhibited leadership in the field of early childhood or school-age care.

This year the scholarship will be awarded at the Child Care Provider Appreciation Dinner on May 18.

The award was created in 2005 to celebrate retiring executive director Dianne Meckler’s 16 years of service to the Council.

Application deadline: April 29
Provide the following information:
☐ Name of child care program
☐ License/registration number
☐ Number of years you have worked in the child care field
☐ How will you use the scholarship? (example: college level course, early childhood conference, etc.)
☐ Essay (required): In a typewritten essay, state the reason you should be the recipient of the Dianne Meckler Scholarship. The essay must:
  • Include a description of your leadership accomplishments as a child care professional
  • Be a minimum of 500 words
  • Include your name and phone number in the top left corner
  • Be included with the questions above.

SUBMIT YOUR APPLICATION:
By mail: Child Care Council
91 Broadway, Menands, NY 12204
Email: info@cdcccc.org
Fax: 518-426-7181

Eligibility: Applicants must be employed by a New York State licensed or registered program (Family, Group Family, Center or School-Age). Current Capital District Child Care Council Board Members are not eligible.

The NYS School-Age Care Credential will begin April 2016. There will not be a Credential class starting in September.
What do cats see as they prowl through the night? A group of inquisitive three and four-year-old children and their teachers, from Samaritan Rensselaer Children’s Center, set out on an adventure to find out. A quest to join the farmer’s cat on his fascinating nighttime journey through fields, farms, forests, and even the city to see what cats see after the sun goes down. Preschool teachers, Gwen Carter Kovacik and Laura Giorgio, introduced young learners to Dahlov Ipcar’s The Cat at Night; a picture book with scenes alternating between a cat’s eye view and human perspective.

The book’s illustrations, similar to Matisse cutouts, begin with a depiction of a dark blue background with black silhouettes in various shapes (the human view). The silhouette illustrations help children anticipate and try to identify objects based on shapes. Next, the book’s illustrations show what the cat sees; full of color and detail. Kovacik and Giorgio picked up on this idea by leading children on a study of the local neighborhood landscape creating a cityscape representing their homes, school, buildings, and bridges in the city where they live.

The young adventurers then created a sunset background for the cityscape with the use of dry pastels and black construction paper. Dry pastels, also known as chalk pastels, are an incredible product for young children’s art-making. Chalk is truly like painting with your fingers and therefore familiar to the preschool age child. The nature of dry pastels allows the young artist to layer and mix colors easily on the surface; creating a finished pastel drawing with many of the characteristics of a finished painting (see above). The cityscape was displayed at the Center’s annual art show where children escorted their families and friends through a gallery of their work.

Try It: Silhouette Cityscapes

Author: Gwen Kovacik, adapted from Elyssa Hanson (MECA Art Ed.)
Grade Level: Pre K (to go with architecture unit), Time span: 4-6 20 min. centers
Essential Question: What is a silhouette? What is a cityscape?
Guiding Question: Have you ever seen a cityscape? What does the sky look like at sun set and sun rise? What makes a silhouette?

Objective: The students will examine the different colors of the sky and what shapes make a cityscape. The students will create a sunset or sunrise background for their cityscape with attention to color mixing and shape.

Learning Standards:
Visual Arts
- Children will express themselves and represent knowledge, thoughts and feelings through visual arts.
- Children will experiment with pastel art medium and methods
- Child will construct models based on observations.
- Children will respond to visual arts created by themselves and others.

Literature:
- Children will exhibit curiosity and interest in learning new vocabulary.
- Children will interact with a variety of common types of texts.

Geometry:
- Children will identify and describe shapes
- Children will analyze and compare objects.

Vocabulary: cityscape, silhouette, sunrise, sunset, pastel, shape
Materials: black construction paper (1 for each student), pastels, scissors, glue, large watercolor paper for the group (5-6 sheets)

Art Making Day 1-2:
The instructor will read The Cat at Night. The students will discuss shape. The instructor will introduce what a cityscape is and ask the students the guiding questions. Students will be shown pictures of different sunrises and sunsets and discuss the different colors of the sky. Instructor will demonstrate how to use pastels (color mixing). Students will use pastels to begin to blend a sunrise/set background for a group cityscape silhouette.

Art Making Day 3-4:
The instructor will show a few examples of a cityscape (The Cat at Night). After class discussion the instructor will then give a demonstration on how to make a silhouette of a cityscape using black construction paper. The students will be asked to finish blending their background and then create their own cityscape with construction paper. Once the student has cut out their cityscape they will glue it to the group sunrise/set paper background.

Infant Mental Health Association of NY's Greater Capital Region

The Infant Mental Health Association of New York’s Greater Capital Region (IMHA) holds an annual meeting to offer all members the opportunity to learn details about the financial condition and operations of the Association and to provide ideas and directions for the upcoming year. Non-members are welcome; please come see what we are all about and consider becoming a member. You are invited to the Annual Membership Meeting on:

Friday, March 11, 2016; 8:30 AM – 10:30 AM
at the Early Care and Learning Council
230 Washington Ave Ext # 3, Albany, NY 12203
Please RSVP Lorell Fitzsimmons at lfitzsimmons@cdcccc.org or call 518 426-7181 Ext. 333
Breakfast will be provided

The IMHA has continued to make strides this year in reaching, educating and connecting a network of professionals committed to the healthy social and emotional development of infants, toddlers, young children and their families. We need the participation of all members to help assure this continues. We have exciting news to share about The New York State Association for Infant Mental Health and the launching of the Infant mental Health Endorsement.

Learn more about the IMHA by visiting cdcccc.org on the “Community” menu.

Remember to save the date for the IMHA Annual Brunch!

NEWS FROM THE
INFANT MENTAL HEALTH ASSOCIATION

Leave It Up To Them

It’s happened to all of us. We ask a child to do something and they respond with the word that rings fear in ears of most parents and caregivers: “NO!” Before we know it, we have entered into the battle of the wills. Are young children being defiant and unreasonable for no good reason? Probably not. Instead of viewing children’s willful behavior as “bad” and reacting in a way that overpowers a child, parents and caregivers can view this behavior as a healthy, positive sign of the child’s development.

What Children Gain by Making Choices:
- Decision-making skills
- Empowerment
- Impulse Control
- Self-control
- Independence
- Self-esteem

Here are some easy ways to incorporate choices into your daily routine:
Remember to only offer choices that you can accept. Choices should not include a punishment as one of the alternatives. Offer young children under the age of 5 a choice between two events or objects. Try to keep it simple.

Some examples:
Mealtime choices:
“Would you like Rice Krispies or Corn Flakes?”
“Would you like 4 apple slices or 5?”

Getting dressed:
“Would you like to wear the blue shirt or red shirt today?”
“Which socks will you choose today?”

Nap or bed time:
“Which story will you choose today?”
“Which stuffed animal will you sleep with tonight?”

Activity time:
“Would you like to build with blocks or paint at the easel?”
“Will you choose the puzzle or the play dough?”

FRIDAY, JUNE 3, 2016
8:00AM–1:00PM @ THE HOLIDAY INN EXPRESS IN LATHAM

8:30–9:00: check-in
9:00–10:00: breakfast with guided conversation starter questions
10:00–11:30: speakers
11:30–12:30: question & answer session | group networking

TOPIC: SUPPORTING PARENTS & CAREGIVERS

Speakers donate 15–30 minutes of time and their meal will be paid for by the committee.
Meet the Team:
School-Age Educators

The school-age educators at the Council are available to assist school-age programs with a wide variety of services. Their varied backgrounds and experience make for a solid team with a great depth of knowledge of the school-age field. Having worked in school-age programs themselves, they have a clear understanding of the unique needs and challenges of afterschool programs.

Erin Broderick-Roberts, School-Age Education Coordinator (pictured left)
Erin began work at the Council in 2010 as a school-age educator and later was promoted to coordinator of the team. A holder of the NYS School-age Credential herself, Erin is the engine that keeps the team moving forward and focused. Her commitment to bringing quality programming to school-age providers is evident in the fact that the Capital Region is a leader in the number of programs who have successfully received the SACC accreditation. Erin’s creative problem solving skills are the result of her free and spontaneous outlook.

Alicia Salamone-Powers, M.S.Ed., School-Age Educator (middle)
Since 2012, Alicia has been developing and delivering workshops on child development topics for school-age staff. Alicia’s creativity and resourcefulness make her presentations fun and fresh. An authority on STEM curriculum planning for out-of-school time, Alicia is our resident scientist. Her focused goal-oriented approach provides support for programs interested in creating rich learning experiences for children.

MaryGrace Califano, School-Age Educator (right)
MaryGrace, the newest member of the team, brings 10 years of experience in school-age child care to the table. Having just started at the Council last October, MaryGrace has already begun working as an advisor for the Credential and loves it. MaryGrace draws on her experiences as a Theater major to bring creativity to each training experience.

The team is working on a new STEM initiative funded by the United Way of the Greater Capital Region, SACC accreditation, and the School-age Credential.

Where to Turn for Social Emotional Support

There are many resources available to help educators and child care providers implement positive strategies to promote social and emotion development in children birth through school-age. Some of these resources are highlighted on the Capital District Child Care Council website with an extensive collection of easy to understand tip sheets. Providers can also contact the Council to speak with a trainer about professional development topics related to the support of positive behavior in the classroom or family child care setting. Additionally, the Council supports the work of the Infant Mental Health Association of the Greater Capital Region. This work supports adult learning related to secure and responsive caregiving. Karyn Murphy, MSW (426-7181 ext. 390) at the Council can assist child care providers to make scripted stories for social situations that help children understand social interactions, expectations, social cues, the script of unfamiliar activities, and/or social rules. Strength based strategies have been the hallmark of the Council’s social and emotional intervention efforts; so it is no surprise that we have a new friend in the Regional Special Education Technical Assistance Support Center.

Dawn Appleby-Quackenbush, Preschool Behavior Specialist/Special Educator is a longtime friend of child care; she hails from Parsons Child Program in Schenectady. Dawn, through her work at the Regional Special Education Technical Assistance Support Center located on Watervliet-Shaker Road supports instructional practices and student outcomes by providing technical assistance and professional development related to social development for child care programs located in the Capital Region.

Dawn uses an effective approach to address problem behavior through the adoption of a model that focuses on promoting social-emotional development, providing support for children’s appropriate behavior, and preventing challenging behavior. This model, called the Teaching Pyramid Model is a framework developed by the Center on the Social Emotional Foundations for Early Learning (CSEFEL). The model describes three tiers of intervention: 1. universal promotion for all children; 2. preventions to address the needs for children at risk of social emotional delays, and 3. interventions needed for children with persistent challenges.

You can contact Dawn at her office in Albany. Her telephone is 518-464-3993 and email is dawn.appleby-quacken@neric.org

If you would like to learn more about the Teaching Pyramid Model please contact Abbe Kovacik at the Child Care Council at 518-426-7181 ext.323.
To Register → go to www.cdccc.org, click the “Education” tab, click on “Register for Workshops” or use the registration form on page 11. Call 518.426.7181 with questions.

MARCH - APRIL 2016

Medication Administration (MAT)

Becoming a MAT certified program provides you with an edge on the competition. Learn best practice techniques when administering medications to children. Receive eight hours of training and a certification that is good for three years. A rebate of $100 is available upon successful completion of MAT. Due to the nature of the class we will be unable to accommodate late arrivals. Presented by: Child Care Health Consultants, NYS Verified Trainers.

→ MAT is offered three times

March 5, 7:45am - 6:00pm and
March 7, 3:00 - 8:00pm; ID# 6309
Child Care Council, 91 Broadway, Menands
Training hours: 8; CEU: 0.8
OCFS area: 2, 4, 7; Cost: $150
Audience: Center, Family/Group, School-Age

March 17, 7:45am - 6:00pm and
March 18, 8:00am - 1:00pm; ID# 6287
Child Care Council, 91 Broadway, Menands
Training hours: 8; CEU: 0.8
OCFS area: 2, 4, 7; Cost: $150
Audience: Center, Family/Group, School-Age

April 21, 7:45am - 6:00pm and
April 22, 8:00am - 1:00pm; ID# 6298
Johnstown Area Community Center
2 Prindle Ct., Johnstown
Training hours: 8; CEU: 0.8
OCFS area: 2, 4, 7; Cost: $150
Audience: Center, Family/Group, School-Age

MAT Renewal

Many Medication Administrators are approaching their third renewal period. To ensure that those providers administering medications in child care continue to follow proper administration techniques, a Skills Competency Component has been added to the renewal process after completing the online renewal test. The Medication Administrator will be eligible for the MAT Rebate of $70.00. Presented by: Child Care Health Consultants, NYS Verified Trainers.

→ MAT renewal is offered at various times

March 30 (time and ID# below)
10am–12pm ID# 6289
1–3 pm ID# 6290
3–5 pm ID# 6291
5–7 pm ID# 6292

April 27 (time and ID# below)
10am–12pm ID# 6293
1–3 pm ID# 6294
3–5 pm ID# 6295
5–7 pm ID# 6296

Emergency Medication Administration (EMA)

OCFS regulations allow all programs to administer EpiPens, asthma inhalers, and nebulizer treatments to accommodate children that fall under the ADA guidelines. Learn how to identify the signs and symptoms of anaphylaxis and asthma and practice administering these emergency medications using best practice techniques. Review the permission requirements needed to give these medications and develop a child’s individual special needs care plan. You will leave feeling more confident about administering emergency medications. Participants must be 18 years old to attend and to administer emergency medications in child care. Presented by: Child Care Health Consultants, NYS Verified Trainers.

April 11, 6:30–8:30 pm; ID# 6299
Cornell Cooperative Extension
50 West High St., Ballston Spa
Training hours: 2; CEU: 0.2
OCFS area: 2, 4, 7; ELG domain: D1
CDA context area: 1; SAC skill area: 4
Cost: $12 ($17 non-member)
Audience: Center, Family/Group, School-Age

Adult, Infant, and Child CPR

Learn the rescue skills for infant-adult including unconscious choking, and cardiopulmonary resuscitation. Participants will earn the American Red Cross Certification which is valid for 2 years. Wear comfortable clothing and bring a mat or something to kneel on for floor demonstrations. Presented by: Arlene Schmidt, NYS Credentialed Trainer and Heather Sweet, NYS Credentialed Trainer.

April 11, 5:45 - 10:00pm; ID# 6288
Child Care Council, 91 Broadway, Menands
Training hours: 4; CEU: 0.4; OCFS area: 4;
CBK area: 5; CDA context area: 1
SAC skill area: 4
Cost: $55 (to cover materials)
Audience: Center, Family/Group,
School-Age, Parents

First Aid

Participants will have hands-on experience practicing bandaging, learning first aid for burns, and discussing sudden illness. Participants will earn the American Red Cross Certification which is valid for 2 years. Wear comfortable clothing and bring a mat or something to kneel on for floor demonstrations. Presented by: Arlene Schmidt, NYS Credentialed Trainer and Heather Sweet, NYS Credentialed Trainer.

April 18, 5:45 - 10:00pm; ID# 6297
Child Care Council, 91 Broadway, Menands
Training hours: 4; CEU: 0.4; OCFS area: 4;
CBK area: 5; CDA context area: 1
SAC skill area: 4
Cost: $55 (to cover materials)
Audience: Center, Family/Group,
School-Age, Parents
Child Building
Working together as a team can be a challenge. In this workshop, participants will gain a better understanding of what it takes to build a successful team, as well as examine their own contributions to their team. We will look at Bruce Tuckman’s Stages of Team Formation and participants will be introduced to games that are used to strengthen a team. Presented by: MaryGrace Califano, School-age Educator.
March 10, 6:30 - 8:00pm; ID# 6303
Child Care Council, 91 Broadway, Menands
Training hours: 1.5; CEU: 0.15
OCFS area: 1, 3, 4; CBK area: 1, 4, 5
SAC skill area: 9, 12
Cost: $10 ($15 non-member)
Audience: School-age

Infant Mental Health

Infant Mental Health Literature Circle: The Social Womb
Join in the hottest discussion around infant and toddler development and programming. Please read “The Human Brain’s Need for a ‘Social Womb’ During Infancy” by J. Ronald Lally before attending training. Come willing to discuss your thoughts, ideas and follow up information about what you read. This is a fun and inspiring experience that gives professionals across fields time to connect and share. Presented by: Sarah Gould–Houde, M.S.Ed., NYS Credentialed Trainer.
March 24, 2:00 - 3:30pm; ID# 6304
Greene County Department of Health
411 Main St., Catskill
Training hours: 1.5; CEU: 0.15
OCFS area: 1; CBK area: 1, 2
ELG domain: 2; CDA context area: 2
Cost: Free
Audience: Center, Family/Group, Parents, Mental Health Professionals

Business & Administration

The Director’s Network: Stress Management and Supporting Staff through Stressful Times
With increasing demands placed on school personnel, escalation of stress is inevitable. However, stress does not need to drive behavior or influence reactions to situations if one is diligent to monitor and manage their stress level. This workshop will outline steps for recognition, reflection, management and avoidance of maladaptive stress reactions that may lead to a dysfunctional work environment. It will provide the participant with techniques to manage their own stress and assist staff in doing the same. Special Guest Presenter: Caroline Doty
April 5, 10:00 - 11:30am; ID# 6281
Child Care Council, 91 Broadway, Menands
Training hours: 1.5; CEU: 0.15
OCFS area: 3; CBK area: 6, 7
CDA context area: 6; SAC skill area: 1, 14
Cost: Free
Audience: School-Age

Learning Community Aims to Improve Services to the Community

In order to better serve you, the education team is undergoing some change. To help with this change, the team is participating in a learning community. A learning community is a group of people who share common academic goals and attitudes, who meet regularly to collaborate on that work.

The goal of these changes is to fine-tune the services offered by the education team to best fit your needs. Over the course of the next few months, the education team will continue the work it’s always done while transitioning to a new revitalized plan.

These changes reflect the great progress and growth of the child care community. As you strive to provide high quality child care, we strive to help you achieve that goal. To be effective, change takes time, so please bear with us as we reorganize our programs to best suit your needs. That is why there are less workshop offerings in this issue. Feel free to call our educators to discuss your educational goals.

The workshops and services may look a little different going forward, but our commitment to meeting your needs remains the same.
Training Topic Index:

NYSOCFS Regulation areas (OCFS Area):
1. Principles of childhood development
2. Nutrition and health needs of children
3. Child day care program development
4. Safety and security procedures, including communication between parents and staff
5. Business record maintenance and management
6. Child abuse and maltreatment identification and prevention
7. Statutes and regulations pertaining to child day care
8. Statutes and regulations pertaining to child abuse and maltreatment
9. Shaken baby syndrome

Core Body of Knowledge Core Competency Areas (CBK Area):
1. Child growth and development
2. Family and community relationships
3. Observation and assessment
4. Environment and curriculum
5. Health, safety and nutrition
6. Professionalism and leadership
7. Administration and management

NYS Early Learning Guidelines (ELG Domain):
Domain 1 (D1): Physical well-being, health, and motor development
Domain 2 (D2): Social and emotional development
Domain 3 (D3): Approaches to learning
Domain 4 (D4): Cognition and general knowledge
Domain 5 (D5): Language, communication and literacy

CDA Context Areas:
1. Planning a safe, healthy, learning environment
2. Steps to advance children’s physical and intellectual development
3. Positive ways to support children’s social and emotional development
4. Strategies to establish productive relationships with families
5. Strategies to manage an effective program operation
6. Maintaining a commitment to professionalism
7. Observing and recording children’s behavior
8. Principles of child growth and development

SAC Credential Skill Areas:
1. Professionalism
2. Child development
3. Safety
4. Health
5. Self
6. Guidance
7. Out of school environment
8. Creative
9. Physical
10. Cognitive
11. Communication
12. Social (Positive classroom community)
13. Families
14. Operational program management

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Children’s Nutrition

FOR CHILD AND ADULT CARE FOOD PROGRAM PARTICIPANTS ONLY

Not enrolled in CACFP? Attend the free Information Session to learn more details to the right >>

Creating a Delicious Menu Together
This workshop will help family child care providers develop practical ways to create healthy meals and snacks for the children in your care. Child and Adult Care Food Program (CACFP) policies and procedures will be clarified. We will also review the new Healthy Child Meal Pattern Requirements and Recommendations. Presented by: CACFP Staff
This CACFP training will take place on
• March 15
• March 29
• April 7
• April 16
• April 26
• May 5

Registration forms with dates, times, and locations have been sent to CACFP participants in the monthly packet. Register using that form or by calling your CACFP home visitor.

Interested in attending this workshop, but not enrolled in CACFP? Attend the free CACFP Information session (listed to the right) to learn more about the program and get your enrollment process started!

Visit our You Tube Channel at youtube.com/childcarecouncil to see our video, “The Food Program and You” to learn more.

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Child and Adult Care Food Program Information Session
Hundreds of family child care providers in the Capital Region already participate in this federally funded nutrition program. Here’s why:
✓ They receive a monthly reimbursement check for the meals and snacks provided to the children in their care
✓ Their child care parents know they are a high quality child care program that serves healthy food
✓ They receive free training that counts towards required licensing hours
✓ Their record keeping is easier than ever with an on-line option
✓ They’ve put an end to saving food receipts for their taxes

This free information session will provide details on the benefits of CACFP participation and the requirements to enroll. Learn how easy it is to record daily meals and attendance using the Minute Menu program. Presented by: Anne Gresco, NYS Credentialed Trainer and Martha LeGere, CACFP Home Visitor
March 3, 6:30–8:00pm; ID# 6300
Child Care Council, 91 Broadway, Menands
Training hours: 1.5; CEU: 0.15
OCFS area: 5; CBK area: 7
Cost: Free
Audience: Family/Group

June 2, 6:30–8:00pm; ID# 6301
Child Care Council, 91 Broadway, Menands
Training hours: 1.5; CEU: 0.15
OCFS area: 5; CBK area: 7
Cost: Free
Audience: Family/Group
**To Register** → go to www.cdcccc.org, click the “Education” tab, click on “Register for Workshops” or use the registration form below. Call 518.426.7181 with questions.

### Program name

### First & last name

### Program address

### City

### Zip

### County

### Best phone number to reach you in the event of a class cancellation:

### Date & Time

### Title & Workshop ID# (ID# is found next to the date in the workshop details)

### Cost

### Subtotal

### *Membership

### Total payment enclosed

### Payment Options:

- [ ] Check/Money Order payable to Capital District Child Care Council
- [ ] Signed EIP Award Notification
  - When selecting this option, your valid, signed EIP must be enclosed with registration!
- [ ] Visa/MasterCard

Registrations using credit card payment may be faxed to 518-426-9649. When selecting this option, please complete information below.

### Card Number: __________________________________________________________

### Expiration Date: _________/___________

### Authorized Signature: ____________________________________________________

### PRINT Name on Card: ____________________________________________________

### Registration Policies

**Pre-Registration & Payment**

- All registrations must be paid in advance.
- Payment by Visa, MasterCard, check, purchase order, cash, money order or signed Educational Incentive Program (EIP) awards are accepted. Pre-registration is recommended. Registration at the door will be accepted only if seating is available and all fees must be paid at that time. Please call in advance to check on available seating.

**Membership Rates**

Payment at the member rate is only available when your current membership number is noted or when membership payment is made along with the registration fee.

**Refunds & Cancellations**

Refunds will only be given if the Council is notified 1 week prior to the workshop date. Please send a substitute in your place if you cannot attend. The Council reserves the right to cancel any workshop with no enrollment. Workshops with no enrollment will be cancelled 24 hours in advance. If you wish to attend a workshop without pre-registering, please call the Council to confirm the class has not been cancelled or rescheduled. Workshops may also be cancelled due to inclement weather. For workshop cancellations, call 426-7181, log on to www.cdccc.org, listen to Radio 810 WGY, or watch WNYT 13, WTEN 10, CBS 6, Capital News 9, or WXXA Fox 23. Refunds or credit to attend a future workshop will be issued.

**Educational Incentive Program (EIP)**

Scholarship funding to participate in this training may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit www.ecetp.pdp.albany.edu. You may also contact EIP at eip@albany.edu or 800-295-9616. If you have received an EIP, please sign it and mail it to the Council along with your registration. If you have applied for, but have not received the EIP, please remit payment. When the Council receives your signed EIP, you will be reimbursed in the original form of payment in 2 to 4 weeks.

**Confirmations**

Confirmation of registration is sent by email to the email address provided on the registration form.

**Children**

We are unable to accommodate children during workshops and conferences.

**Photos**

Photos of workshops may be taken for use in Council marketing and on the internet. Please alert your presenter if you do not wish to be photographed.

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**MEMBERSHIP - Record membership amount in box above. INTRODUCING NEW MEMBERSHIP BENEFITS! Visit cdcccc.org to see the new list of Membership Benefits!**

Membership levels (to right). Select and add amount to your registration subtotal.

- $100: child care centers or school-age programs licensed for 50 or more children (each site)
- $75: child care centers or school-age programs licensed for fewer than 50 children (each site)
- $45: family and group family child care homes
- $25: college, CDA, SAC students
- $25: legally exempt child care
- $25: IMHA active member
- $150: IMHA sponsor member
Got News?...Share it!

You rearranged your space and it’s working beautifully. We want to know! You developed an activity to promote literacy in your classroom. Tell us about it! A parent shared a terrific idea for a STEM project. Send it in!

You are invited to send submissions to this newsletter, including articles, photographs, stories, events, activities, poems etc. If you would like to contribute, or feel you have a story to share but are uncertain about writing it yourself, contact us! We’d be happy to chat with you about your story idea. We can even interview you to create the story and may even visit you to take photos.

Take the opportunity to share your events, work, ideas, and inspiration with fellow child care professionals in the region! Over time, it is our goal to transition to a newsletter that features more stories directly from the child care field. Stories from real child care providers like you. We are seeking submissions from all types of child care including family and group/family, center, and school-age caregivers and parents/families. Send your news, article, or idea to Kate Smith at 518-426-7181 Ext. 319 or email ksmith@cdcccc.org

There’s More to Read on cdcccc.org

Visit our website for more articles including:
- The Box it Came In, an article on open-ended play experiences, open-ended toys, and the benefits of this type of play.
- Make Mine Breastfeeding, information on the national effort to promote and protect breastfeeding moms and babies.
- Healthy Neighborhoods Program, an alert about the project of the same name providing free safety products to Albany and Rensselaer County residents.

Also follow us on facebook.com/CDCCC and Twitter @cdcccc for news, updates and more!

Be sure to sign up for our eNewsletter while you’re there for updates and information delivered directly to your inbox.