

Exploring

infants and toddlers

Capital District
Child Care Council

a tipsheet for parents and caregivers of children ages 0 to 2

Dynamic Diapering

Diapering is a wonderful opportunity to share a special moment with the baby or toddler in your life. Take this chance for one-one time designed to nurture language and social development.

- Play touch games, “This little Piggy went to market...”
- Place a brightly colored ponytail scrungie on baby’s ankle or wrist.

- Clip a brightly colored chip bag clip on caregiver’s shirt for baby to take off over and over.
- Laminate flapped pictures of animals, babies, or other items of interest. Attach them to the wall for a fun guessing game. Then ask baby, “Where did the kitty go?...There she is!”
- Let baby hold the clean diaper while caregiver changes the dirty one.
- Install a safety mirror to the wall so baby can see herself when she turns her head.
- Laminate and single hole punch pictures of babies with family members. Babies can look at their friends with their families.



Routine moments are often mistaken for things that happen “to” babies instead of “with” babies