

Banana-Berry Pancakes

Serves: 6

Ingredients

- 1 large banana, peeled and sliced
- 1 cup complete pancake mix
- ½ cup water
- Non-stick cooking spray
- 2 cups frozen strawberries
- 2 Tablespoons of strawberry jam

Directions

- 1. Place banana in a medium bowl and mash with a fork**
- 2. Add pancake mix and water; stir until blended**
3. Spray a large skillet with non-stick cooking spray over medium heat
4. Pour ¼ cup batter for each pancake in hot skillet
5. Cook pancake for about 2 minutes per side or until cooked through
6. Place berries in a small bowl with the jam and microwave on high for 1 minute
7. Stir, then cook for 1 minute more
8. Spoon topping over pancakes



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This is an **Incredible Creditable Snack!**
Call the Food Program to find out more. 518 426-7181

Have your child help you with the steps that are in bold print