



**Capital District  
Child Care  
Council**

# the Compass

January - March 2012.

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to Register On-line!



Introducing...  
**On-Line  
Registration!**  
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cdccc.org**

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## Workshops for Parents

*A calendar of helpful topics for parents such as children's behavior, social-emotional development, nutrition, early learning and first aid and CPR.*

### Making Story Time Magical

Thursday, January 19, 6:00 - 8:00 pm

Fulton Montgomery Community College Child Care Center,  
2805 State Highway 67, Johnstown, NY 12095

Training hours: 2, CEU: .2, Regulation areas: 1, 3

Cost: \$12 (\$17 non-member), ID# 3939

Story time for children is a magical time! Building a life long love of reading is an important part of the Early Childhood Curriculum. Come learn some strategies for making your story times magical and create activities to take back to your program to enhance your story time. Presenter: Tina Rose-Turrioglio

### Move Those Large Muscles

Wednesday, January 25, 6:00 - 8:00 pm

Kidzodge, 47 Clifton Country Road, Clifton Park, NY 12065

Training hours: 2, CEU: .2, Regulation areas: 1, 3

Cost \$12 (\$17 non-member), ID# 3940

Come to *Move those Large Muscles* for fun and developmentally appropriate activities to help children develop motor skills and muscle strength. So make a plan to join us and come away with ideas and activity plans for the children in your program. By offering varied opportunities for physical activity you are supporting children in a lifelong quest to be physically healthy. Presenter: Colleen Faragon

### Got Teeth?

Thursday, February 2, 6:30 - 8:30 pm

Fulton Montgomery Community College Child Care Center,  
2805 State Highway 67, Johnstown, NY 12095

Training hours: 2, CEU: .2, Regulation areas: 1, 3, 4

Cost: \$12 (\$17 non-member), ID# 3942

It is not unexpected to have toddlers experiment with biting. It is also not unexpected that it can be a very difficult time for the children, parents, and providers who are experiencing prolonged use of biting behaviors. This is a comprehensive training that closely examines the reasons children bite, prevention techniques, and how to work with families through this time. Presenter: Sarah Gould

### Discovering Creativity in Children

Wednesday, February 8, 6:45 - 8:45 pm

Cornell Cooperative Extension

50 West High St, Ballston Spa, NY 12020

Training hours: 2, CEU: .2, Regulation areas: 1, 3

Cost: \$12 (\$17 non-member), ID# 3944

How creative is your Creative Art? There is a little creativity in all of us. How can creating an environment best promote the creative spirit in the children? The creative process will be discussed as well as guidelines for open ended art, and "the creativity killers." Presenter: Arlene Schmidt (aka the Hat lady)

## Science: Making the Most of a Child's Interest in the World

**Saturday, March 3, 9:00 - 11:00 am**

Child Care Council, 91 Broadway, Menands, NY 12204

**Training hours: 2, CEU: .2, Regulation areas: 1, 3**

**Cost: \$12 (\$17 non-member), ID# 3946**

Join us as we look at science from the child's perspective of wanting to find out more! We will explore various ways science can be incorporated into your program and how to use it to expand children's learning and interests while giving them the opportunity to create their own experiments. Presenter: Colleen D. Faragon

## Literacy and the Art Table

**Tuesday, March 6, 6:45 - 8:45 pm**

Child Care Council, 91 Broadway, Menands, NY 12204

**Training hours: 2, CEU: .2, Regulation areas: 1, 3**

**Cost: \$12 (\$17 non-member), ID# 3947**

Children love to read and be read to. Children's skills are enhanced by reading books. Books like [Little Blue Little Yellow](#) by Leo Lionni or Eric Carle's book, [The Cloud](#), are great books to connect literacy and art. Have a favorite book and an art idea? Bring it and share a project with the class. In this hands-on workshop participants will explore literacy and art connections. Presenter: Arlene Schmidt (aka the Hat Lady)

**Save the Date!**  
**The 2012 Child Care Council  
Conference is on  
Monday, October 8, 2012**

### A Letter to Parents:

Welcome to the Compass, a quarterly catalog of workshops and conferences available to parents in the Capital Region. We hope you find these events to be informative and useful as you strive to raise a happy & healthy family. We are thrilled to invite you to attend these workshops and learn side by side with child care providers from throughout the region. If you have any questions or suggestions, please feel free to call us at 518 426-7181.

## Distance Learning

### Part 3: Why We Play Simon Says

**Date/time: It's up to you!**

**Training hours: 3, CEU: .3, Regulation areas: 1, 3, 4, 7**

**Cost: \$36 (\$46 non-member), ID# 3643**

"Simon Says" and "Red Light-Green Light" are common activities in an early childhood setting. What are the benefits experienced by a child when he or she participates in games like these? Self regulation is an important skill for each child to develop. Discover ways to help children practice their self regulation skills. Learn what self regulation really means and why it is important. Course topics include impulse control, cognitive and emotional self-regulation, and the caregiver's role in supporting children's development.

### Part 4: Why We Keep a Pot of Coffee

**Date/time: It's up to you!**

**Training hours: 3, CEU: .3, Regulation areas: 1, 3, 4, 6, 7, 9**

**Cost: \$36 (\$46 non-member), ID# 3644**

This course is about building relationships with families and creating a family-friendly classroom. Topics include overcoming barriers to family-centered practice, fathers' involvement, and fostering better communication between parents and providers.

## Red Cross Training Infant, Child, and Adult CPR

**Thursday, March 15, 6:00 - 10:30 pm**

Child Care Council, 91 Broadway, Menands, NY 12204

**Training hours: 4, Regulation area: 4**

**Cost: \$20, ID# 3973**

Rescue skills for infants through adults. Participants will learn the lifesaving skills for unconscious choking and cardiopulmonary resuscitation. Participants will earn the American Red Cross Certification which is valid for 2 years. Wear comfortable clothing and bring a mat or something to kneel on for floor demonstrations. Presenters: Arlene Schmidt and Heather Sweet

## First Aid

**Thursday, March 22, 6:00 - 10:30 pm**

Child Care Council, 91 Broadway, Menands, NY 12204

**Training hours: 4, Regulation areas: 4**

**Cost: \$20, ID# 3974**

Participants will have hands-on experience practicing bandaging, learning first aid for burns, and discussing sudden illness. Participants will earn the American Red Cross Certification which is valid for 2 years. Wear comfortable clothing and bring a mat or something to kneel on for floor demonstrations. Presenters: Arlene Schmidt and Heather Sweet

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[www.cdcccc.org](http://www.cdcccc.org)



# Membership

- Receive reduced rates on workshops & conferences
- Receive a coupon towards Council training
- Vote at the Annual Meeting in December

## Choose a membership level

Name of Individual

Name of Program/Organization

Mailing Address

City

State Zip+4

Phone

County

E-mail

\_\_\_ \$75 child care centers or school-age programs  
licensed for 50 or more children (each site)

\_\_\_ \$50 child care centers or school-age programs  
licensed for fewer than 50 children (each site)

\_\_\_ \$30 family and group family child care homes

\_\_\_ \$25 parent, student/CDA, SACC Credential holder/  
NAFCC Accredited/Council Food Program participant

\*Record this amount on registration form (other side) if registering for  
workshops

Office Use Only:  
Date Rec'd  
Mem. Card Sent  
Nsitr List  
Payment Type/Amount

## Registration Policies

Download extra registration forms at [www.cdcccc.org](http://www.cdcccc.org)

>>click on Education

### Pre-Registration & Payment

All registrations must be paid in advance. Payment by Visa, MasterCard, check, cash, money order and signed EIP awards are accepted. Use credit cards by mail or by fax at 518 426-9649. Registrations received without payment will be returned. Pre-registration is recommended 3 days in advance of the workshop date to reserve your seat. Registration at the door will be accepted only if seating is available and all fees must be paid at that time.

### Membership Rates

Payment at the member rate is only available when your current membership number is noted or when membership payment is made along with the registration fee. If registering at the door, a current membership card must be shown to receive the reduced member rate. Membership fees paid after December 15 will be valid for the following year.

### Refunds & Cancellations

Refunds will only be given if the Council is notified 2 weeks (or more) prior to the workshop date. Please send a substitute in your place if you cannot attend. The Council reserves the right to cancel any workshop if fewer than 10 people register. If workshops are cancelled due to low registration, participants will be notified by telephone and credits will be issued. Workshops may also be cancelled due to inclement weather. For workshop cancellations, call 426-7181, log on to [www.cdcccc.org](http://www.cdcccc.org), listen to Radio 810 WGY, or watch WNYT 13, WTEN 10, CBS 6, Capital News 9, or WXXA Fox 23. Credits will be issued.

### Continuing Education Units (CEU)

You will receive Continuing Education Units for the indicated classes. For each hour of class, 0.1 units are awarded. These credits can be used to renew your Child Development Associate (CDA).

### Scholarships (EIP)

If you have applied for and received an EIP voucher, please sign it and mail it to the Council along with your registration. If you have applied for, but have not received the voucher, remit payment by check, money order, Visa or MasterCard. When the Council receives your signed EIP voucher, you will be reimbursed in the original form of payment in 2 to 4 weeks.

### Confirmations

Confirmation letters are sent by email. You will receive confirmation of registration when a valid email address is provided.

### Children

We are unable to accommodate children during workshops and conferences. Please make other arrangements. If you bring a child to a workshop, you may be asked to leave and we regret that a refund cannot be issued.

## Workshop Registration & Membership

Use the registration/membership forms to register for workshops. Mail your registration/membership & payment to:

**Capital District Child Care Council**  
91 Broadway  
Menands, NY 12204

# Workshop Registration Form

Send registration/payment to: Child Care Council, 91 Broadway, Menands, NY 12204

First name

Last name

Address

City State Zip

County

Phone

Email

Are you a member of the Child Care Council?

Yes No

How would you like us to communicate with you?



Workshop ID#	Workshop Date & Time	Workshop Title	Cost
<i>Subtotal</i>			
<i>*Membership (from back)</i>			
<i>Total payment enclosed</i>			

**Payment Options:**

**Check/Money Order**  
payable to Capital District Child Care Council

**Visa/MasterCard**  
Registrations using credit card payment may be faxed to 518 426-9649.  
When selecting this option, please complete information below.

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_

Authorized Signature: \_\_\_\_\_

**office use only:**

Date Cash/Money Order

Amount enclosed EIP

Check # Credit